



Welcome to All It Takes

All It Takes (AIT) thanks you for your interest in our Youth Leadership Programs. Lori Woodley, All It Takes co-founder, Executive Director and Director of Program Development and Curriculum, has been designing and facilitating experiential youth leadership camps for 20 years while simultaneously working as a school counselor, her last 15 for nationally recognized Conejo Unified School District. In June 2015, with reluctance and excitement, Lori left school counseling to grow AIT Youth Leadership programs and increase access for more youth in California and beyond. Throughout her tenure as a counselor Lori worked extensively in the areas of Experiential Education, Peer Programs, Emotional Intelligence/Literacy and Parenting Support.

AIT Mission

All It Takes is a non-profit organization that cultivates leadership through active individual and team training. AIT Youth Leadership Programs teach young people at a critical life stage to practice honor, acceptance, compassion and respect in order to create sustainable, positive change among their peers, family members and society.

All It Takes Develops Bold Compassionate Leaders.

AIT Program Goals

Through experiential education programming that focuses on Emotional Intelligence and Literacy, AIT creates an environment where students learn to recognize and embrace their individual strengths and weaknesses; the strengths and weaknesses of others and to build personal and social acceptance for the individualism of all people. Together students participate in activities that fundamentally assist them in understanding the profound impact they have on the world around them from the perspectives of social leadership and personal insight. Through this experience students create a dynamic shift in their ability to relate to others offering a new paradigm of personal responsibility for the well-being of self and others. With this new paradigm, students and staff become the agents to create cultural change that increases school safety, individual well-being and a setting where all students can thrive, emotionally and socially. Academic growth and improved school culture is seen as a result of socio-emotional growth of participants. All It Takes knows that each of us can make a significant and positive difference for ourselves, others, and our environment. Our Leadership Programs provide direct access to this change.





All It Takes Programs

Signature Youth Leadership Training Camps

Legacy Camp:

Involving up to 110 middle school students, this program has been uniquely designed to include students from various schools or community programs of diverse social, economic and ethnic backgrounds. Staff from each school attend with their students for a life changing three days. Staffing includes volunteer mentors, both adult and youth. Youth mentors are early college, high school and AIT alumni returning to support the process for new participants.

7th Grade Camp:

Designed for immediate, concentrated impact, this program trains the 7th grade student body from single school sites and includes their administrators, teachers and staff as desired by the school. Students return to school choosing to, 'look after one another rather than go after one another' and with the skill set to do so. Mentor youth and adult alumni support this program also.

Leadership Development Through Physical Education, (LDTPE):

On site leadership development programming, (currently in grades 4 through 6), that utilizes experiential and language-based curriculum to add emotional intelligence training to existing PE programming. Currently serving over 4,000 students the program is demonstrating significant impact for the overall social-emotional well-being of students participating. Schools are noting reductions in unkind behaviors and increased positive social interactions across grade levels participating in the program.

On-Site Programs:

On site, direct service programs, ranging from 90-150 minutes. Serving youth from all grade levels on school campuses, clubs and other organizations. Teaching Notice Choose Act curriculum through experiential activities, youth learn to be bold and compassionate with their peers.

Professional Development:

Professional Development training to incorporate Notice Choose Act curriculum in daily language used by administrators, teachers, para-pros, assistants and campus supervisors. This language is a powerful classroom management technique that teaches students to take responsibility for their own actions creating a thriving academic and social classroom environment.

AIT By Design:

Customized programs in emotional intelligence development are created based on the unique needs of a school or organization. Half-day, full day and overnight programs available for grades 3-12. Adult workshops are also available.

